

HOW TO PERFORM SALAT (PRAYERS)?

1. The best way is to perform Salat in congregation with Muslims in the mosque. There you will be given more reward by Allah and you will learn easily how to pray.
2. In case of praying alone, abide by the following steps:
3. Be sure that your body, clothes and place are clean.
4. Stand with face towards the direction of QIBLAH, that is the direction of the Sacred mosque in Makkah, in Al-Hijaz (Saudi Arabia)
5. Raise the hands to the shoulder level and say: "Allahu' Akbar" (Allah is the Greatest).
6. Fold the hand on the chest, the right hand over the left.
7. Recite Al-Fatihah (The Opening Chapter of Al-Qur'an) and another chapter or some verses of Al-Qur'an (See App. 1)
8. Say: "Allahu' Akbar" while making Ruku' (bowing and bending the body at a right angle placing the palms on the knees)
- 9 Say in Ruku': "Sub-hana rabbiya L-adhim" (Glory be to my Lord, the Great!) three times. Go back to the standing position saying: "Sami'a L-Lahu liman hami-dah! Rabbana wa laka L-hamdu." (Indeed, Allah listens to one who praises Him! O! Our Lord! All praises be to You !) Then, you say 'Allahu Akbar' and immediately fall down to make the first Sajdah (Prostration) with face, palms, knees and toes resting on the ground, saying: "Subhana rabbiya L-'a'La" (Glory be to my Lord, Most High!) Three times. Move from Sujud (Prostration) position to sitting posture while saying; "Allahu Akbar!" While sitting, say "Rabbi ghfir li wa' rhamni!" (O My Lord! Forgive me! and have mercy on me!),
13. After this, another Sajdah is done in the same way with "Allahu Akbar" uttered before it, and "Subhana rabbiya 'A'Ala" Three times during Sujud.
14. After completing the second sajdah, one "RAK'AT" is completed.
15. Stand up saying "Allah Akbar" in order to begin a new Rak'at, exactly as the first Rak'ah.

16. After finishing the second "Rak'at" you sit down and recite Part One and Part Two of "At-Tasha-hud"

17. Finally you turn the face to the right hand side and say: "As-Salamu 'alaykum wa rahmatu L-lahi" (Peace be upon you and Allah's Mercy!)

18. Then you do the same to the left side.

19. Thus a two-Rak'ats prayer is completed, such as Al-Fajr Prayer.

20. As for 4 Rak'ats prayers such as Adh-Dhuhr, only the first part of At-Tashah-hud is recited after completing the second Rak'at. Then you stand up to perform two Rak'ats more in the same way, but without reciting any verses from Al-Qur'an after Al-Fatihah.

22. Al-'Asr and Al-'Isha' prayers are performed exactly as Adh-Dhuhr.

23. In Al-Maghrib Prayer, the final Tashah-hud and "As-Salam..." come after the third Rak'ah.